

Sun Protection Policy

We will do everything we can to ensure that your child is protected from the damaging effects of exposure to the sun.

Throughout the summer and on sunny days, please provide your child with:

- high factor children's sun cream* (Ideally SPF40-50 with a 4-5 star rating);
- a sun hat/cap (preferably a Legionnaires' hat to protect the neck);
- a thin top/cardigan/T-shirt with long sleeves.

*Sun cream should be applied to your child's skin on any exposed areas (face, arms, neck, shoulders, legs, ears, etc.) before they arrive at my setting, to allow time for it to be absorbed into the skin and become effective.

In order to ensure the safety of your child on sunny days, we will also take the following precautions:

- Children will be reminded to reapply sun cream at intervals recommended on the NHS website and as necessary if children have been playing in the water or in a paddling pool. (Please sign the consent form giving permission for us to do this.)
- The most popular resources and water-based activities will be placed in shaded areas of the courtyard wherever possible.
- Children will be encouraged to seek shade or come indoors for adequate breaks, particularly between the hours of 11am and 3pm, when the sun is at its hottest.
- Children will have continual access to water and will be encouraged to stay hydrated during and after being outside in the sun.