

# Promoting Positive Behaviour Policy

All children and adults are treated with equal care and concern and are made to feel welcome in the setting. We aim to offer a quality childcare service for parents and children. We recognise the need to set out reasonable and appropriate limits to help the children in our care to manage their own behaviour.

## **Promoting positive behaviour is very important and staff do this by:**

- giving lots of praise for good behaviour.
- giving the children individual attention so they know they are valued.
- setting a good example and being a good role model.
- listening to what the children have to say.
- setting clear and consistent boundaries for children to follow.
- ensuring that children understand what is expected of them and why.

Staff are aware of the different reasons why children may demonstrate undesirable behaviour and will endeavour to keep to routines so that your child feels safe, as well as making sure they are not overtired or hungry. Children's behaviour is a form of communication and may indicate unmet needs, emotions, or difficulties they are experiencing. Staff will follow the Solihull Approach which is a helpful framework that supports our understanding of children's emotional development and behaviour management. It promotes nurturing, consistent relationships to help children feel secure and supported.

All children will misbehave at some time. We have developed several different strategies to support a child demonstrating undesirable behaviour and use different ones depending on the age/stage of ability of the child and the situation.

- **Distraction** - Remove the child from the situation and give them an alternative activity.
- **Ignore** - Depending on the situation, staff may ignore the inappropriate behaviour if they feel it is being done to get a reaction.
- **Quiet time** – The child will be offered to take themselves to a quiet space for some quiet time to calm or reflect on their behaviour. This will provide the child with an opportunity to self-regulate/develop their emotional regulation skills.
- **Discuss with Child** - If the child is able to understand, we will discuss their behaviour and try to get them to appreciate how their actions affect others around them. We always ensure that they know that it is their behaviour that we do not like, not them.
- **Restorative conversations** – We will use restorative conversations to encourage the children to think about how their behaviour may have impacted others, how they may feel in that situation if it was them; consider who has been impacted and by using a collaborative approach resolve any issues between them. This is a useful tool to enable children to reflect and develop empathy and understanding towards others.

Staff do not, and will not, administer physical (or any other form of) punishment with the intention of causing pain or discomfort, nor any kind of humiliating or hurtful treatment to any child in our care. We will only physically intervene, and possibly restrain, a child to prevent an accident, such as a child running into the road, or to prevent an injury to themselves/others or serious damage to property.

Where appropriate, other effective behaviour management methods may be agreed with parents before the placement starts. These will be discussed with parents during initial visits before the contract is signed to

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ensure appropriate care can be provided. Wherever possible, staff will try to meet parents' requests for the care of their children, according to their values and practices. Records of these requirements are agreed and kept attached to the child record forms. These forms are revisited and updated during regular reviews with parents. We would respectfully request that parents inform us of any changes in a child's circumstances, care arrangements or any other change which may affect their child's behaviour, such as a new baby, parents' separation, divorce, new partner, new member of the household or any bereavement. All information shared will be kept confidential unless it appears to be the cause of a child protection issue

